

ANNUAL WELLNESS CHECK VS SPORTS PHYSICAL

Cedar Park Pediatric & Family Medicine | Southwest Pediatric Associates | Treehouse Pediatrics

An **Annual Wellness Check** (AWC) is a comprehensive exam that focuses on a child's or teen's overall physical and mental health, wellness, development and **includes** your sports physical.

	Annual Wellness Check	Sports Physical
Cost	\$0 (with insurance)	\$50 (if not covered by insurance)
Sports Physical	✓	✓
Comprehensive Health & Family History Screening	✓	
Mental Health Screening	✓	
Injury Prevention	✓	
Anticipatory Guidance & Safety Counseling	✓	
Vaccinations	✓	
Management of Chronic Medical Problems	✓	
Laboratory Screening (as needed)	✓	
Referral to Specialists (as needed)	✓	

Annual Wellness Check or Sports Physical?

Most insurances cover your Child's Annual Wellness Check (AWC) at no cost to you. We can review your child's immunizations, provide refills of medications, referrals to specialists, and assess and obtain needed laboratory, vision, and hearing screenings. During a Wellness Check, we can provide all of these services and fill out your child's sports physical forms for school.

For any questions or to schedule at appointment, please contact us at (512) 336-2777.